

**We Claim:**

1. A needle comprising:  
a shaft having a body and a tip; and  
a handle attached to said body, said handle including a means for causing a vibration in said shaft when said handle is rotated.
2. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle having a cross-sectional shape that includes a circular portion and a chord portion.
3. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle that includes a triangular cross-sectional shape.
4. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle that includes a rectangular cross-sectional shape.
5. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle that includes a pentagonal cross-sectional shape.
6. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle that includes a hexagonal cross-sectional shape.
7. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle that includes a heptagonal cross-sectional shape.

8. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle that includes an octagonal cross-sectional shape.

9. The needle as set forth in claim 1, wherein said vibration causing means comprises a portion of said handle that includes a star-shaped cross section.

10. A needle comprising:  
a shaft having a body and a tip; and  
a handle attached to said body, said handle including a first cross-sectional shape that includes an circular portion and a chord portion, wherein end points of said chord are coincident with those of an arc of less than one-quarter of a circle having a radius corresponding to that of said circular portion.

11. The needle as set forth in claim 10, wherein said handle includes a second cross-sectional shape different from the first cross-sectional shape and disposed at a position spaced longitudinally therefrom.

12. The needle as set forth in claim 10, wherein said first cross-sectional shape includes a second chord portion.

13. The needle as set forth in claim 10 in combination with an insertion guide tube.

14. The needle as set forth in claim 1 in combination with an insertion guide tube.

15. A method of performing acupuncture comprising:  
inserting an acupuncture needle into a body of a patient; and  
rotating a handle of the acupuncture needle so as to cause its shaft to  
vibrate.